An Ankle-Foot Prosthesis Emulator with Control of Plantarflexion and Inversion-Eversion Torque

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Abstract—Ankle inversion-eversion compliance is an important feature of conventional prosthetic feet, and control of inversion, or roll, in robotic prostheses could improve balance for people with amputation. We designed a tethered ankle-foot prosthesis with two independently-actuated toes that are coordinated to provide plantarflexion and inversion-eversion torques. This configuration allows a simple lightweight structure with a total mass of 0.72 kg. Strain gages on the toes measure torque with less than 2.7% RMS error, while compliance in the Bowden cable tether provides series elasticity. Benchtop tests demonstrated a 90% rise time of less than 33 ms and peak torques of 180 N·m in plantarflexion and ±30 N·m in inversion-eversion. The phase-limited closed-loop torque bandwidth is 20 Hz with a 90 N·m amplitude chirp in plantarflexion, and 24 Hz with a 20 N·m amplitude chirp in inversion-eversion. The system has low sensitivity to toe position disturbances at frequencies of up to 18 Hz. Walking trials with five values of constant inversion-eversion torque demonstrated RMS torque tracking errors of less than 3.7% in plantarflexion and less than 5.9% in inversion-eversion. These properties make the platform suitable for haptic rendering of virtual devices in experiments with humans, which may reveal strategies for improving balance or allow controlled comparisons of conventional prosthesis features. A similar morphology may be effective for autonomous devices.

I. INTRODUCTION

Robotic prostheses can improve locomotor performance for individuals who have restricted mobility due to lower-limb amputation. During walking, these devices can restore normal ankle and knee kinematics [1], reduce metabolic rate [2], and provide direct neural control of the limb [3]. As robotic technologies improve, active prostheses are expected to enhance performance even further [4, 5].

Ankle inversion-eversion, or roll, is an important aspect of prosthetic function. Commercial prostheses typically include a passive inversion-eversion degree of freedom, either using an explicit joint [6] or a flexure [7]. This mitigates undesirable inversion moments created by uneven ground. Inversion moment has a strong effect on side-to-side motions of the body during human walking, and its pattern is altered among individuals with amputation [8]. Side-to-side motions seem to be less stable in bipedal locomotion [9, 10], particularly for amputees [11]. Difficulty controlling inversion-eversion torque in the prosthetic ankle may partially explain reduced stability [12] and increased fear of falling and fall rates [13] among people with amputation.

Robotic prosthesis designs have begun to incorporate active control of ankle inversion-eversion. Panzenbeck and Klute [14] describe a tethered ankle prosthesis with inversion provided by a four-bar linkage and controlled by a linear actuator. The device has a mass of 2.9 kg, can produce torques of up to 34 N·m, and has a 90% rise time of 0.180 s. A plantarflexion degree of freedom is provided using a passive spring. Ficanha et al. [15] describe a prototype device intended to provide both plantarflexion and inversion-eversion control using two motors and a gimbal joint. The device has a mass of 3.0 kg. Bellman et al. [16] describe a computer model of a similar device, with estimated mass of 2.1 kg. Devices with similar peak torque but lower mass and active control of both plantarflexion and inversion-eversion would enable experimental evaluation of a larger range of assistance techniques.

The mass of prostheses with active inversion-eversion control is related to joint design. Linkages and gimbal joints often involve large parts with complex loading, resulting in increased strength and mass requirements. An alternative is suggested by the split-toe flexures in conventional passive prostheses and the actuation schemes in some powered ankle orthoses [17]. During walking, peak inversion-eversion torques are of much lower magnitude than peak plantarflexion torques [18], and the majority of the inversion impulse occurs during periods of high plantarflexion torque [19]. Coupling plantarflexion and inversion-eversion torque through the actions of two hinged toes might therefore provide sufficient inversion capacity, allowing an elegant, lightweight design.

Mechatronic performance in experimental prosthesis systems can also be improved by separating actuation hardware from worn elements. A tethered emulator approach [20–23] decouples the problems of discovering desirable prosthetic functionality from the challenges of developing fully autonomous systems. Powerful off-board motors and controllers are connected to lightweight instrumented end-effectors via flexible tethers, resulting in low worn mass and high-fidelity torque control [20, 21, 24]. Such systems can be used to haptically render virtual prostheses to human users, facilitating the discovery of novel device behaviors [25] that can then be embedded in separate autonomous designs. This approach can also be used for rapid comparison of commercial prostheses in a clinical setting [23]. To be most effective, such prosthesis emulators should have high closed-loop torque bandwidth and lightweight, strong, accurately-instrumented end-effectors.

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Torque control in robotic emulator systems can be improved with appropriate series elasticity. Adding a spring in series with a high-stiffness transmission can reduce sensitivity to unexpected actuator displacements [26] imposed by the human. Unfortunately, this compliance also reduces force bandwidth when the output is fixed, since the motor must displace further when stretching the spring. In a tethered system, the flexible transmission itself is likely to have significant compliance, which might provide appropriate series elasticity.

Here we describe the design and evaluation of a robotic ankle-foot prosthesis emulator system with active control of both plantarflexion and inversion-eversion torques. We designed an end-effector that allowed inversion-eversion using two articulated toes, which we aimed to make lightweight and strong. We integrated the end-effector with existing off-board motor and control hardware, expected to facilitate high-bandwidth torque control. The end-effector did not include explicit series elasticity, testing the sufficiency of axial compliance in the tether. We implemented a basic walking controller, intended to evaluate the system’s potential for emulating prosthesis behavior during interactions with a human user. We expect this approach to result in validation of a system that can explore new dimensions of prosthesis assistance, particularly those related to balance during walking.

II. METHODS

We designed and constructed an ankle-foot prosthesis end-effector with torque control in both plantarflexion and inversion-eversion directions. We characterized system performance, including peak torque and torque tracking, during dynamic tasks both on the benchtop and during walking.

A. Mechanical Design

The two degree of freedom ankle-foot prosthesis was designed as an end-effector for a tethered emulator system (Fig. 1A). Powerful actuation and control hardware is located off-board so as to keep worn mass low. Flexible Bowden-cable tethers transmit mechanical power to the prosthesis, but do not interfere with natural movements of the limb. The motor, real-time controller and tether are described in detail in [21].

The ankle-foot prosthesis achieves torque and motion in both plantarflexion and inversion-eversion directions using two independent toes. The toes share a single axis of rotation similar to the plantarflexion axis in the human ankle joint, and are spaced mediolaterally such that one is closer to the centerline of the body (Fig. 1B). Plantarflexion occurs when both toes rotate in the same direction, and inversion-eversion occurs when they rotate in opposite directions (Fig. 1C). We define plantarflexion angle as the average of the toe angles and inversion-eversion angle as the difference between toe angles multiplied by the ratio of toe length to half the foot width. Similarly, plantarflexion torque, \( \tau_{pf} \), is defined as the sum of the lateral and medial toe torques, \( \tau_l \) and \( \tau_m \), while inversion torque, \( \tau_{inv} \), is defined as the difference between the lateral and medial toe torques multiplied by the ratio of half the foot width, \( \frac{1}{2}w \), to toe length, \( l \), or

\[
\tau_{pf} = \tau_l + \tau_m \\
\tau_{inv} = \frac{w}{2l}(\tau_l - \tau_m) \tag{1}
\]

Toes are actuated through independent Bowden cable tethers and off-board motors, allowing independent control of medial and lateral toe torques. Plantarflexion and inversion-eversion
Fig. 3. Benchtop tests demonstrate low torque measurement error, high peak torque and high closed-loop torque bandwidth in both plantarflexion and inversion-eversion directions. Torque measurement validation for the A medial and B lateral toes. Step responses for closed-loop control of C plantarflexion and D inversion-eversion torque. Peak plantarflexion torque was at least 180 N·m, and inversion-eversion torque had a range of at least -20 to 20 N·m. Rise and fall times ranged from 0.024 to 0.033 s. Bode plots for closed-loop control of E plantarflexion and F inversion-eversion torque, calculated from responses to 90 N·m and ±20 N·m magnitude chirps in desired torque, respectively. Bandwidth ranged from 20 to 30 Hz, limited by 45° phase margin.

Torques can be independently controlled, but maximum allowable inversion-eversion torque is proportional to plantarflexion torque. When inversion-eversion torque is zero, the plantarflexion torque is divided evenly between the toes. As inversion torque increases towards its limit, the torque on the lateral toe approaches the total desired plantarflexion torque, while the torque on the medial toe approaches zero. When inversion (or eversion) torque equals plantarflexion torque divided by \( \frac{1}{2} \), the inversion-eversion torque cannot be increased further, since doing so would require negative torque on the medial (or lateral) toe, and negative ground reaction forces. This defines a feasible region of inversion torques as a function of plantarflexion torque (Fig. 2).

The prosthesis consists of a frame, two toes with revolute joints, and a compliant heel. The frame of the device (Fig. 1D) is connected to the user’s pylon or socket via a universal pyramidal adapter. The frame houses needle roller bearings for ankle joints, which have a double-shear construction. Each toe is long and thin, tapers towards its ends, and has an I-beam cross section, making it well-suited to three-point bending. One end of the toe contacts the ground, while the other end is acted on by the Bowden cable, with the hinge located in the middle. When the inner rope of the Bowden cable pulls upwards on the posterior aspect of the toe, a moment is generated. The Bowden cable conduit press down on the frame equally and oppositely, such that the foot experiences no net force from the transmission. Rubber bands act to dorsiflex the toe when the transmission allows, such as during the swing phase. A separate, unactuated heel spring is connected to the toe pads for better ground contact. The frame and toes were machined from 7075-T6 aluminum, the heel spring was machined from fiberglass (GC-67-UB, Gordon Composites, Montrose, CO, USA), and the toe pads were fabricated using fused-deposition modeling of ABS plastic.

Prosthesis dimensions were based on an average male human foot [27]. The device measures 0.23 m in length, heel to toe, 0.07 m in width, toe center to toe center, and 0.08 m in
height, from ground to ankle joint. The toe length, from axis of rotation to tip, is 0.14 m. Ankle range of motion is -20° to 30° in plantarflexion and greater than -20° to 20° in inversion-eversion. The prosthesis end-effector weighs 0.72 kg.

The end-effector did not include an explicit transmission spring, but some series elasticity was provided by the Bowden cable. Series elasticity can improve torque tracking in the presence of disturbances from the human user [28]. In our prior designs [20, 29], we used fiberglass leaf springs or steel coil springs at the connection between the Bowden cable and the hinged foot element, resulting in combined rotational stiffnesses of 140 to 320 N·m·rad⁻¹. In this design, we explored whether the compliance of the Bowden cable itself might be sufficient to facilitate low-error torque tracking. This would have the benefit of reducing the mass and complexity of the end-effector. In tests where the off-board motors were fixed while the prosthesis toes were rotated, we measured an effective stiffness of about 550 N·m·rad⁻¹. With increased series stiffness, we expected joint torque to change more quickly when the motor was powered, resulting in higher closed-loop torque bandwidth. However, we also expected torques to change more quickly when the motor was stationary and the toes were unexpectedly rotated, for example during initial contact with the ground, which could result in poorer torque tracking under realistic conditions.

Medial and lateral toe joint angles were sensed individually using digital absolute magnetic encoders (MAE3, US Digital, Vancouver, WA, USA). Toe torques were sensed using strain gages (SGD-3, Omega Engineering, Stamford, CT, USA), configured in a Wheatstone bridge, with two gages on the top and bottom surfaces of each toe midway between the tip and the ankle joint. Bridge voltage was amplified (FSH01449, Futek, Irvine, CA, USA), sampled at a frequency of 5000 Hz and low-pass filtered with a cutoff frequency of 100 Hz. Plantarflexion and inversion-eversion angles and torques were calculated in software from medial and lateral toe values.

### B. Control

We used classical feedback control to regulate torque during benchtop tests, with an additional iterative learning term during walking trials. Desired torque for each toe was first calculated from desired plantarflexion and inversion-eversion torques. Motor velocities were then commanded using proportional control on toe torque error. Motor velocity is similar to the rate of change in toe torque, owing to compliance between the off-board motor and prosthesis toe. During walking trials, an additional time-based iterative learning term was added, which provided feed-forward compensation of torque errors that tended to occur at the same time each step. This method is described in detail in [24].

In walking trials, torque control was used during stance and position control was used during swing. Initial toe contact was sensed from an increase in toe torque upon making contact with the ground. During the ensuing stance period, desired inversion-eversion torque was set to a constant value, providing a simple demonstration of platform capabilities.

Desired plantarflexion torque during stance was calculated as a function of plantarflexion angle [30] so as to approximate the torque-angle relationship observed during normal walking [31]. Toe-off was detected when plantarflexion torque crossed a minimum threshold. During the ensuing swing phase, toes were position controlled to provide ground clearance.

### C. Experimental Methods

We conducted benchtop tests to characterize device performance in terms of torque measurement accuracy, response time, bandwidth, and disturbance rejection. We performed walking trials to assess mechatronic performance under similar conditions as expected during biomechanics experiments.

Torque measurement calibration was performed by applying known forces to the end of each toe using free weights and fitting amplified strain gage bridge voltage to applied torque. Measurement accuracy was characterized in a separate validation test as root mean squared (RMS) error between applied and measured toe torques.

Step response tests were performed in which we rigidly fixed the prosthesis frame and toes and commanded desired torque as a square wave from 0 to 180 N·m in plantarflexion or -20 to 20 N·m in inversion-eversion. We conducted 10 trials for each direction and computed the mean and standard deviation of the 90% rise and fall times.

We performed bandwidth tests in which desired torque was commanded as a 0 to 40 Hz chirp, oscillating between 10 and 90 N·m for plantarflexion and between -20 and 20 N·m for inversion-eversion. We used an exponential chirp to improve signal to noise ratio in the low frequency range. We transformed the desired and measured torque into the frequency domain using a Fast Fourier Transform and used the magnitude ratio and phase difference to generate a Bode plot. We calculated the gain-limited and phase-limited bandwidths [32] as the frequencies at which the amplitude ratio was -3 dB and the phase margin was 45°, respectively. We performed 10 trials for both torques and calculated crossover frequency means and standard deviations.
We also performed a test intended to evaluate the torque errors that would arise from unexpected disturbances to toe position. We expected that high series stiffness in this system might have provided high bandwidth at the cost of higher sensitivity to position disturbances, for example during initial toe contact with the ground. We placed the toes on opposite ends of a seesaw-like testing jig such that toe forces were equal and toe motions were equal and opposite. We then applied a 0 to 25 Hz chirp in medial toe position, oscillating between 0° and 5° of plantarflexion (or 0 and 0.012 m of toe tip displacement) and commanded a constant desired torque of 30 N·m to the lateral toe. We transformed the amplitude of the resulting torque error into the frequency domain using a Fast Fourier Transform, reported as a percent of the constant desired torque magnitude. We calculated the frequency at which error rose above 30% of the desired torque, analogous to the -3 dB (70% amplitude) criteria used in bandwidth tests.

We performed walking trials to evaluate torque tracking performance under realistic conditions. One subject (67 kg, 1.77 m tall, 23 yrs, male) without amputation wore the device using a simulator boot [30]. Five walking trials were conducted in which desired inversion-eversion torque, \( \tau_{\text{inv}} \), was commanded as: Maximum, 15 N·m, 0 N·m, -15 N·m, and Maximum Negative. The magnitudes of Maximum and Maximum Negative inversion-eversion torque were proportional to plantarflexion torque at each instant in time. The subject walked on a treadmill at 1.25 m·s\(^{-1}\) for 100 strides in each condition. We normalized each step to percent stance period and calculated an average step for each condition. We characterized torque tracking error as both the RMS error across the entire trial and as the RMS error of the average step. We did not measure human biomechanical response, since this study was intended to evaluate performance of the robotic system and not the effects of a proposed intervention.

### III. Results

Benchtop tests revealed low torque measurement error, high peak torque and high closed-loop torque bandwidth. The root mean squared (RMS) torque measurement errors for medial and lateral toes were 1.64 N·m and 2.43 N·m, respectively, following calibration (Fig. 3A&B). The 90% rise and fall times between 0 and 180 N·m in plantarflexion torque were 0.033 ± 0.001 s and 0.024 ± 0.001 s (mean ± s.d.), with 0.5% and 1.6% overshoot, respectively (Fig. 3C). The 90% rise and fall times between -20 to 20 N·m in inversion-eversion torque were 0.026 ± 0.002 s and 0.027 ± 0.002 s, with 3.0% and 3.2% overshoot, respectively (Fig. 3D). With desired plantarflexion torque oscillating between 10 and 90 N·m, the -3 dB magnitude and 45° phase margin crossover frequencies were 27.2 ± 0.2 Hz and 20.3 ± 0.3 Hz, respectively (Fig. 3E). With desired inversion-eversion torque oscillating between -20 and 20 N·m, the -3 dB magnitude and 45° phase margin crossover frequencies were 29.8 ± 0.2 Hz and 23.8 ± 0.3 Hz, respectively (Fig. 3F).

When we applied a 0.012 m amplitude chirp disturbance in toe endpoint position and commanded a constant desired torque of 30 N·m, torque error was less than 30% up to a disturbance frequency of 18 Hz (Fig. 4). This disturbance frequency and amplitude are similar to unexpected contact with stiff ground at a rate of 1.4 m·s\(^{-1}\).

During walking trials, the subject walked comfortably with the prosthesis while five levels of constant desired inversion-eversion torque were applied (Fig. 5). Torque tracking errors in both plantarflexion and inversion-eversion directions were low across all conditions, with maximum RMS errors across the entire trial of 3.2 N·m (3.7% of peak) in plantarflexion torque and 1.1 N·m (3.8% of peak) in inversion-eversion torque (Table I).
TABLE I
TORQUE TRACKING ERRORS DURING 100 STEPS OF WALKING WITH VARIOUS VALUES OF DESIRED INVERSION-EVERSION TORQUE.

<table>
<thead>
<tr>
<th>Inversion-eversion torque</th>
<th>Plantarflexion Torque Tracking</th>
<th>Inversion-Eversion Torque Tracking</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>RMS error</td>
<td>%τmax</td>
</tr>
<tr>
<td>τinv (_\text{max}) = Maximum</td>
<td>3.2 ± 1.1 N-m</td>
<td>3.7%</td>
</tr>
<tr>
<td>τinv = -15 N-m</td>
<td>1.9 ± 0.4 N-m</td>
<td>2.2%</td>
</tr>
<tr>
<td>τmax = 0</td>
<td>2.9 ± 1.7 N-m</td>
<td>2.8%</td>
</tr>
<tr>
<td>τinv = -15 N-m</td>
<td>2.0 ± 0.8 N-m</td>
<td>2.8%</td>
</tr>
<tr>
<td>τinv = Negative Maximum</td>
<td>3.0 ± 0.9 N-m</td>
<td>3.3%</td>
</tr>
</tbody>
</table>

IV. DISCUSSION

We designed, built and tested an ankle-foot prosthesis system with torque control in both plantarflexion and inversion-eversion directions. The end-effector was lightweight, having about 60% of the mass of a typical human foot [33] and about a third of the mass of other tethered [3, 14, 15] and untethered [2, 34] robotic ankle-foot prostheses. The device produced large torques in both plantarflexion and inversion-eversion directions, with peak measured plantarflexion and inversion-eversion torques that were 50% and 230% greater, respectively, than observed at the ankle joint during normal walking among typical male humans [19, 35] and similar to those in other devices with powered plantarflexion [2, 3, 34] or inversion-eversion [14]. The system had high closed-loop torque bandwidth, a limiting factor in the fidelity of haptic emulation [36]. Bandwidth was nearly twice that of our previous ankle-foot prosthesis platform [21], and about ten times that of similar systems using pneumatic muscles [3, 37]. Torque step response was about five times as fast as in a similar system with inversion-eversion torque produced by an on-board motor-driven linear actuator [14]. The prosthesis end-effector had low torque errors in the presence of unexpected toe displacements at high speeds, indicating robustness during unpredictable human interactions. During walking trials, a wide range of inversion-eversion torque values were tracked with low error. Taken as a whole, these results demonstrate the versatility of the ankle-foot prosthesis emulator and its suitability for haptic emulation of prostheses with both pitch and roll degrees of freedom.

Although this design does not include an explicit series spring in the end-effector, disturbance rejection was relatively high and torque tracking errors were low during walking. It appears that series elasticity provided by stretch in the end-effector had low torque errors in the presence of unexpected interventions will require multiple subjects with amputation. For future studies probing biomechanical response to different subject characteristics [40], but device behavior typically does not. Benchtop measurements are, of course, subject-independent. This study concerned the mechatronic performance of the prosthesis emulator, whereas future studies probing biomechanical response to different interventions will require multiple subjects with amputation.
V. CONCLUSIONS

We have described the design of a tethered ankle-foot prosthesis emulator system with independent control over plantarflexion and inversion-eversion torque. Benchtop tests and experiments during human walking provided a detailed characterization of system dynamics and performance, which we expect will guide the design of improved systems. The torque control fidelity of this platform was exceptional, particularly in terms of closed-loop torque bandwidth, making it suitable for haptic emulation of prostheses with pitch and roll degrees of freedom. A wide variety of virtual devices could be rendered to users as part of the clinical prescription process [23], during the development of new commercial devices [22], or in basic science experiments probing the nature of human locomotion [25, 30]. In particular, we expect experiments with this system to provide insights into the role of inversion-eversion torque on walking balance for individuals with amputation.

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